

Have you got a child who is 2, 3 or 4?

Do you sometimes feel anxious or worried about

- Getting it right for your child?
- Or
- your relationship with your child?
- Or
- Your child's lack of confidence?

You might find the well-being family group sessions helpful

During the sessions...

- You will have a chance to share some playful experiences with your child
- Find out a little bit about how young children learn
- And try some strategies to help with your own well-being

If you are interested contact us for more details on:

01634 570717 or manager@home-startmedway.org.uk

