

Jan-Feb '22 Shopping List

We currently need the following items - your help in meeting the needs of others is appreciated.

- · Milk UHT/long-life
- · Cook-in or Pasta Sauce
- Fruit Juice UHT/long-life only
- · Tinned meat e.g. ham, corned beef
- · Ready-made Custard (e.g. tinned)
- Instant Mash
- Tinned Fish
- Packet Soup (e.g. Cup-a-Soup)
- Instant Coffee small jars/packs
- Sponge Puddings
- · Desserts e.g. 'Angel Delight', Jelly
- Sugar 500grm packs please
- Dried/powder Milk
- Evaporated milk
- Table sauces e.g. ketchup/brown
- Toilet rolls
- Nappies sizes 4-plus and above
- Toiletries for baby
- Washing-up liquid
- · Soap liquid/hand-wash
- Shampoo (not shower gel)
- Cat food

We CURRENTLY PREFER NOT TO RECEIVE more:

baked beans, pasta, and tinned soup.

THANK YOU for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank
info@medway.foodbank.org.uk
01634 757057

Registered Charity No: 1166505



