

Week One Menu

Served weeks commencing:



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish Chicken with Rice Carrots Broccoli	Beef Pasta Bolognaise Sweetcorn Garden Peas	Roast Chicken with Gravy Roast Potatoes Cauliflower Swede	Pork Sausages with Mashed Potao & Gravy Carrots Green Beans	Battered Cod Fillet Chips Peas Baked Bean Ketchup
VEGETARIAN	Vegetable Curry served with Rice Carrots Broccoli	Macaroni Cheese Cabbage Gerden Peas	Roast Vegan Quorn Fillet with Gravy Roast Potatoes Cauliflower Swede	Quorn Vegan Sausage served with Mashed Potato & Gravy Carrots Green Beans	Tomato & Cheese Pizza Pinwheel Chips Peas Baked Bean Ketchup
JACKET POTATO / PASTA DISH	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce
SANDWICH	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Sandwich with your choice of Egg Mayonnaise Cheddar Cheese Ham	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Baguette with your choice of Ham Cheddar Cheese Egg Mayonnaise
DESSERTS	Oaty Cinamon Cookie with Fresh Orange Slices	Iced Sponge with Custard	Vanilla Ice Cream with Fresh Fruit	Shortbread Biscuit with Apple Slices	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

