

Week One Menu

Served weeks commencing:
4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Langford Sausages with gravy Mashed potato Peas Carrots	Homemade Beef Lasagne Herby Potatoes Sweetcorn Broccoli	Roast Chicken with Gravy Roast Potatoes Cauliflower Swede	Mild Beef Chilli Con Carne 50/50 White and Wholegrain Rice Sweetcorn Broccoli	Fish Fingers Chips Peas Baked Bean
VEGETARIAN	Vegetarian Sausage with gravy Mashed potato Peas Carrots	Vegetable Lasagne Herby Potatoes Sweetcorn Broccoli	Roast Quorn Fillet with Gravy Roast Potatoes Green Beans Carrot	Vegetable Chilli sin Carne 50/50 White and Wholegrain Rice Sweetcorn Broccoli	Tomato & Cheese Pizza Chips Peas Baked Bean
JACKET POTATO / PASTA DISH	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce
SANDWICH	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Baguette with your choice of Ham Cheddar Cheese
DESSERTS	Lemon Sponge with custard	Shortbread Finger with Fruit Wedge	Iced Chocolate Sponge	Jam Sponge and Custard	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

