



## Week 1 Menu

Served weeks commencing: 3<sup>rd</sup> November 24<sup>th</sup> November 15<sup>th</sup> December 5<sup>th</sup> January 26<sup>th</sup> February.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Sausages	Homemade Beef Lasagne	Roast Chicken with Gravy	Mild Beef Chilli Con Carne	Fish Fingers & Tomato Ketchup
Vegetarian	Vegetarian Sausage (v)	Vegetarian Lasagne (v)	Vegetarian Mince & Onion Pie (v)	Vegetable Enchilada (v)	Cheese & Tomato Pizza (v)
Seasonal Vegetables	Mashed Potato, Garden Peas, Carrots	Sweetcorn, Mixed Garden Salad, Diced Herby Potatoes	Roast Potatoes, Green Beans, Carrots	Fluffy Rice, Sweetcorn, Broccoli	Oven Chips, Garden Peas, Baked Beans
Jacket Potato / Pasta Dish	Pasta with Tomato Sauce	Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise	Pasta with Tomato Sauce	Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise	Pasta with Tomato Sauce
Desserts	Lemon Sponge with Custard	Shortbread Finger with Fruit Wedges	Iced Chocolate Sponge	Apple Crumble & Custard	Famous Fruity Friday

### AVAILABLE DAILY:

*Either* Pasta with Tomato & Basil Sauce *or* Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise  
Choice of Sandwiches - Cheese, Tuna Mayonnaise, Egg Mayonnaise or Ham.  
Choice of Freshly Baked Bread, Salad Bar, Fresh Fruit, Fruit Yoghurt, Jelly and Water.