



## Week 3 Menu

Served weeks commencing: 17<sup>th</sup> November 8<sup>th</sup> December 19<sup>th</sup> January 9<sup>th</sup> February.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese, Tomato & Ham Pizza	Mexican Chicken & Rice	Roast Gammon with Gravy	Pasta Bolognese	Fish Fingers & Tomato Ketchup
Vegetarian	Mixed Bean Fajita (v)	Macaroni Cheese (v)	Roast Quorn Fillet with Gravy (v)	Vegetarian Chilli & Rice (v)	Vegetable Fingers (v)
Seasonal Vegetables	Roasted Potato Wedges, Mixed Garden Salad, Coleslaw	Warm Baguette, Garden Peas, Broccoli	Mashed Potato, Carrots, Green Beans	Bread, Sweetcorn, Broccoli	Oven Chips, Garden Peas, Baked Beans
Jacket Potato / Pasta Dish	Pasta with Tomato Sauce	Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise	Pasta with Tomato Sauce	Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise	Pasta with Tomato Sauce
Desserts	Shortbread	Chocolate Sponge with Custard	Banana Home Bake	Chocolate Cookie	Famous Fruity Friday

### AVAILABLE DAILY:

*Either* Pasta with Tomato & Basil Sauce *or* Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise  
Choice of Sandwiches - Cheese, Tuna Mayonnaise, Egg Mayonnaise or Ham.  
Choice of Freshly Baked Bread, Salad Bar, Fresh Fruit, Fruit Yoghurt, Jelly and Water.